

Goals for The Consent Workshop

What we Want Students to Take Away

- Accurate basic information about consent and assault
- Disillusionment of assault stereotypes
- What assault looks like at Middlebury/on a college campus (in context of social pressures, drinking culture, hook up culture, gender and power dynamics)
- How to use consent properly (with the realistic complexities)

What we Want the Workshop to Include

- Definitions of sexual harassment, assault, rape, consent (how it works)
- Statistics of assault and rape on college campuses
- When you need to ask for consent
- How you can ask for consent
- Gender/power dynamics (coercion)
- Scenarios (true and false from Midd students) to talk about and “edit”
- An understanding of how race, class, sexuality, and privilege play into assault

WORKSHOP

1. Introductions
2. All necessary tone/workshop setting/here to improve and to learn
3. Intro Activity Interactive
4. Consent (FRIES - how this gets difficult, and specific examples, longer stories (talk with small groups)
5. When you need to ask (activity)
6. How you need to ask and communication with your partner
7. Definitions harassment/rape/sexual assault (cause you should know/consent)
8. Changing the rape stereotype (statistics) (headlines/visuals)- IT HAS TO DO WITH CONSENT
9. Ways we can make it easier for people to say no (gender dynamics) *not hetero. Bin. → easier said than done, but if we recognize the complexity of navigating social situations and start to think through our own behavior and hold people accountable → change
10. Positive spin, you can change our culture

Differences Between Existing Workshops and What we Want

- More college realistic and lengthy examples for discussion
- Basic yes/no activities teach people the only thing they already know, and might make students feel condescended to or bored

- How you ask for consent and when to ask in realistic ways for college hookup culture
- Should delve into the complexities of consent/coercion/assault
- Need to talk about assault and perpetrators and not just survivors and bystanders: relate assault to consent/gender/power dynamics to understand why and when it occurs: This is the “so what”