


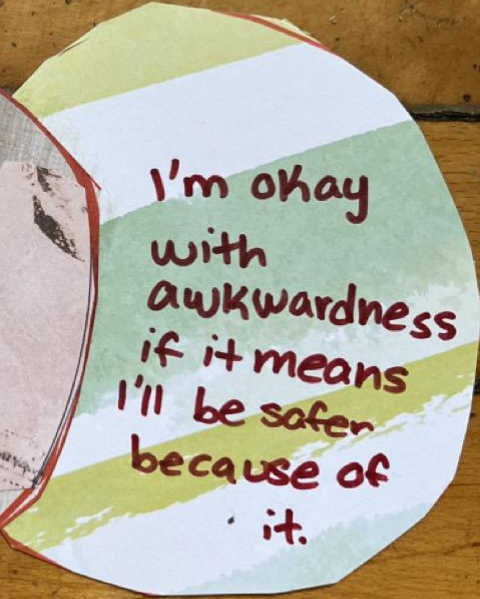
EVERY
ISSUE IS
COMPLICATED
AND MUST
BE TREATED
AS SUCH

FOCUSING
ON COMPLEX-
ITY CAN
STOP PEOPLE
FROM
TAKING
A STAND

@VENT_DIAGRAMS



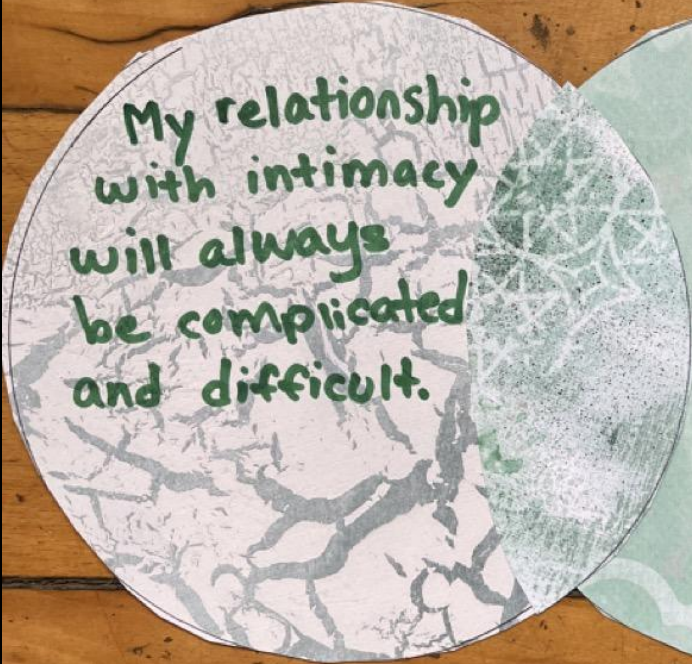
Advocating
for my comfort
can be
awkward.



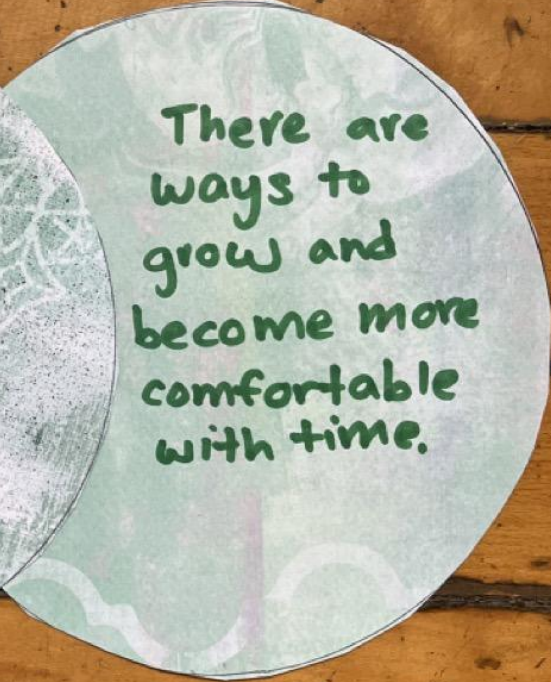
I'm okay
with
awkwardness
if it means
I'll be safer
because of
it.

CARE
is beautiful,
necessary.

CARE
is
LABOR,
unequally
distributed



My relationship
with intimacy
will always
be complicated
and difficult.



There are
ways to
grow and
become more
comfortable
with time.

Self advocacy
& Communication
Skills can
create more
empowered,
safer sexual
experiences

Even if you
never said
"stop" or
didn't have
those skills,
your rape is
still valid



I FEEL
RESPONSIBLE
FOR MY
ABUSE

I AM
NOT
RESPONSIBLE
FOR MY
ABUSE



I
WANT TO
WORK ON
HEALING

I'M
TIRED

HOLD
PEOPLE
ACCOUNTABLE
FOR
THEIR
ACTIONS

PEOPLE
MAKE
MISTAKES



ACCOUNTABILITY
IS A GIFT
YOU GIVE
TO OTHERS

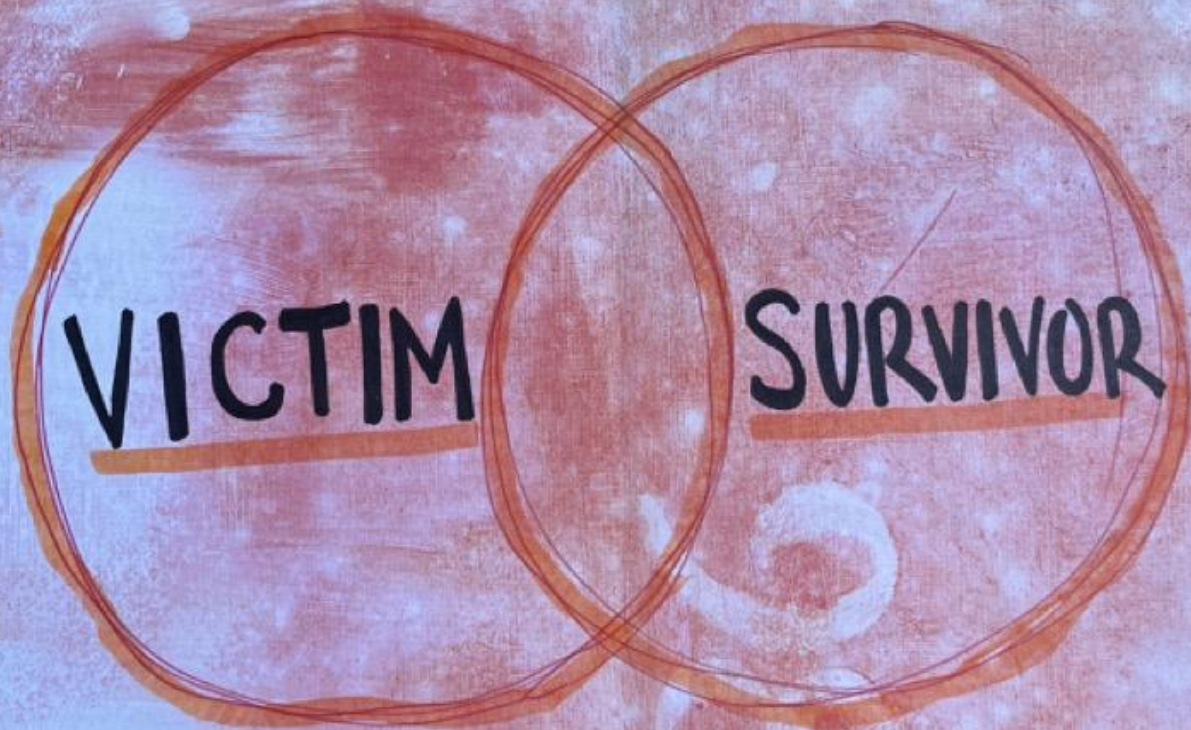
ACCOUNTABILITY
IS SOMETHING
YOU MUST DO
FOR YOURSELF



ASSAULT
IS REAL
& TERRIFYING

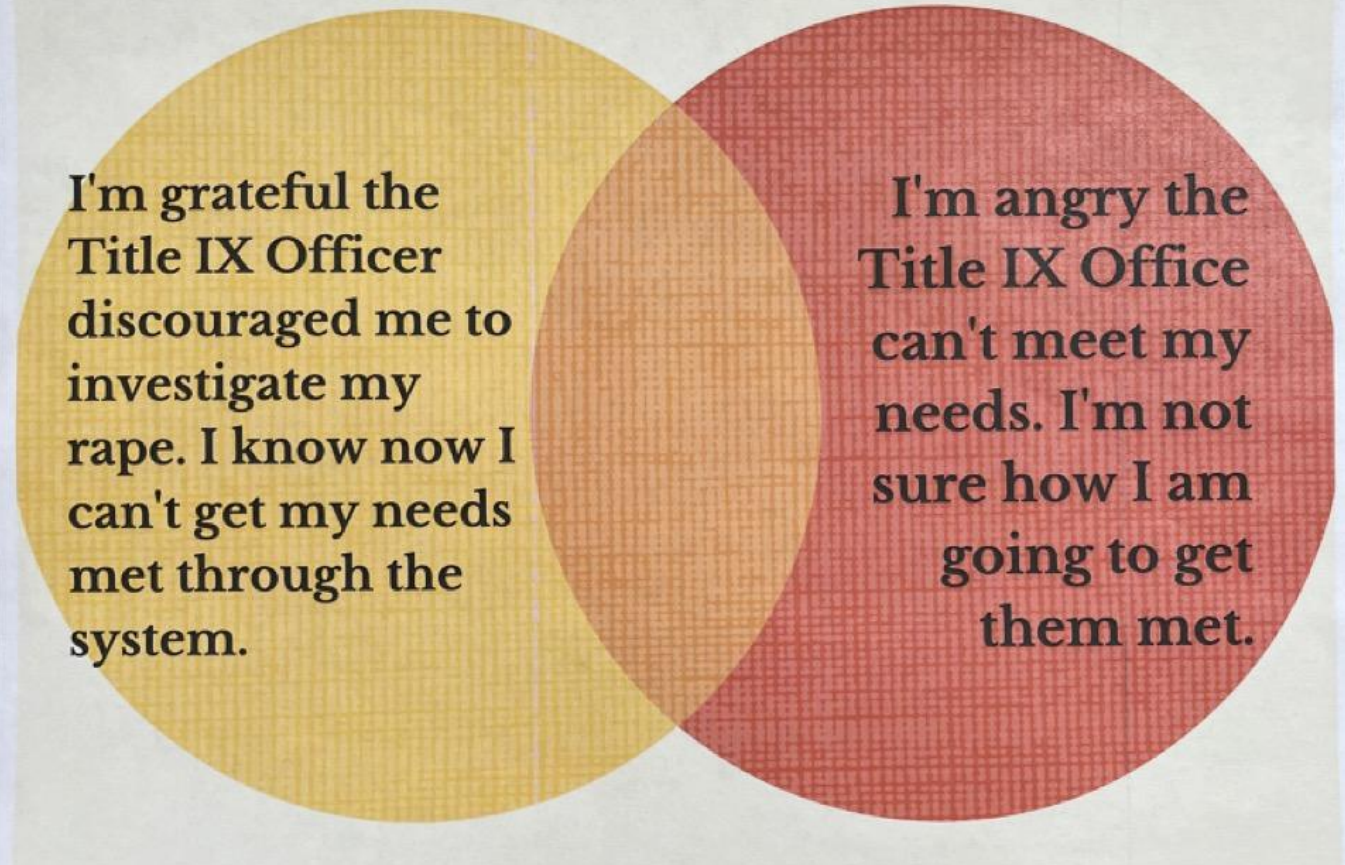
I DON'T
WANT TO
LIVE IN
FEAR






VICTIM

SURVIVOR



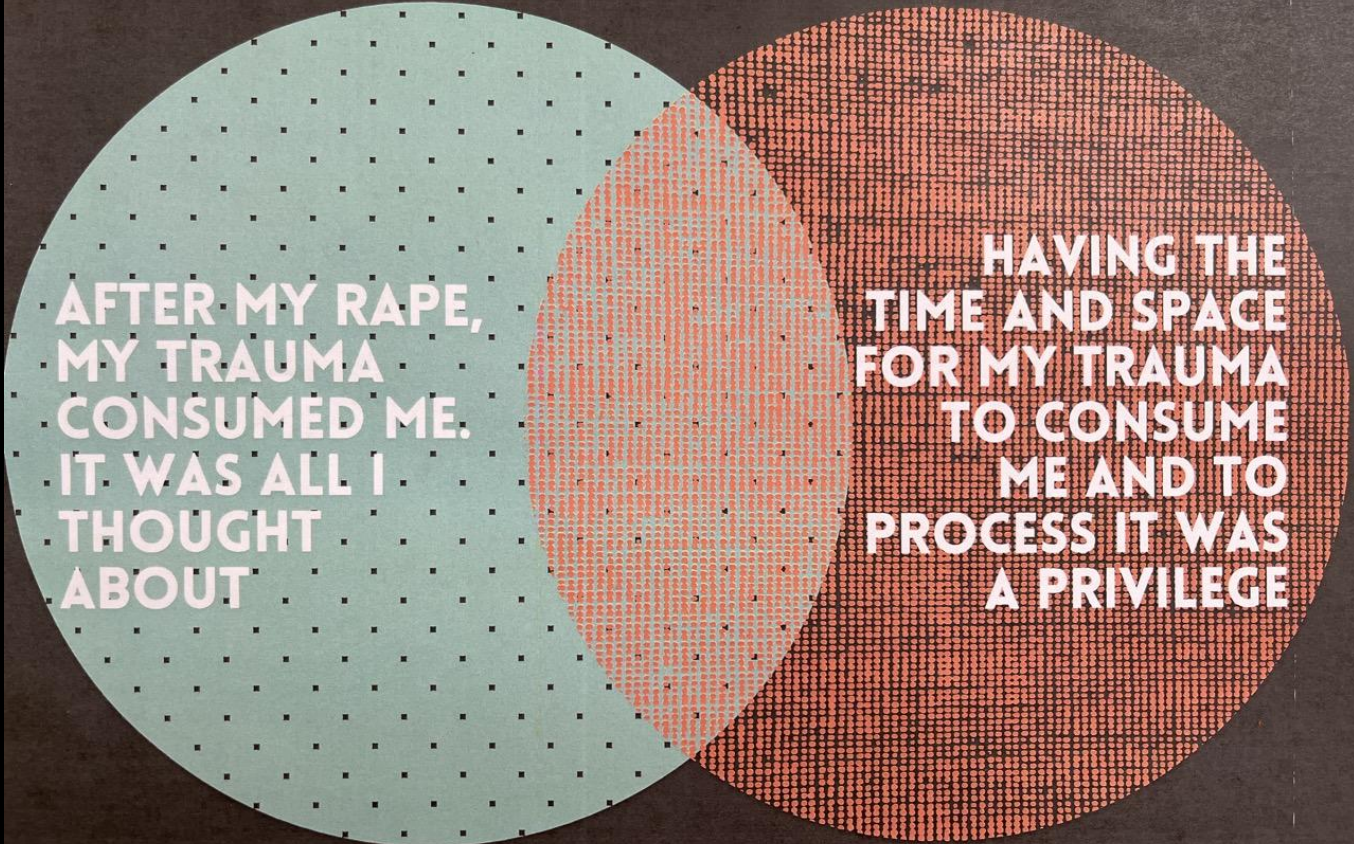
I'm grateful the Title IX Officer discouraged me to investigate my rape. I know now I can't get my needs met through the system.

I'm angry the Title IX Office can't meet my needs. I'm not sure how I am going to get them met.



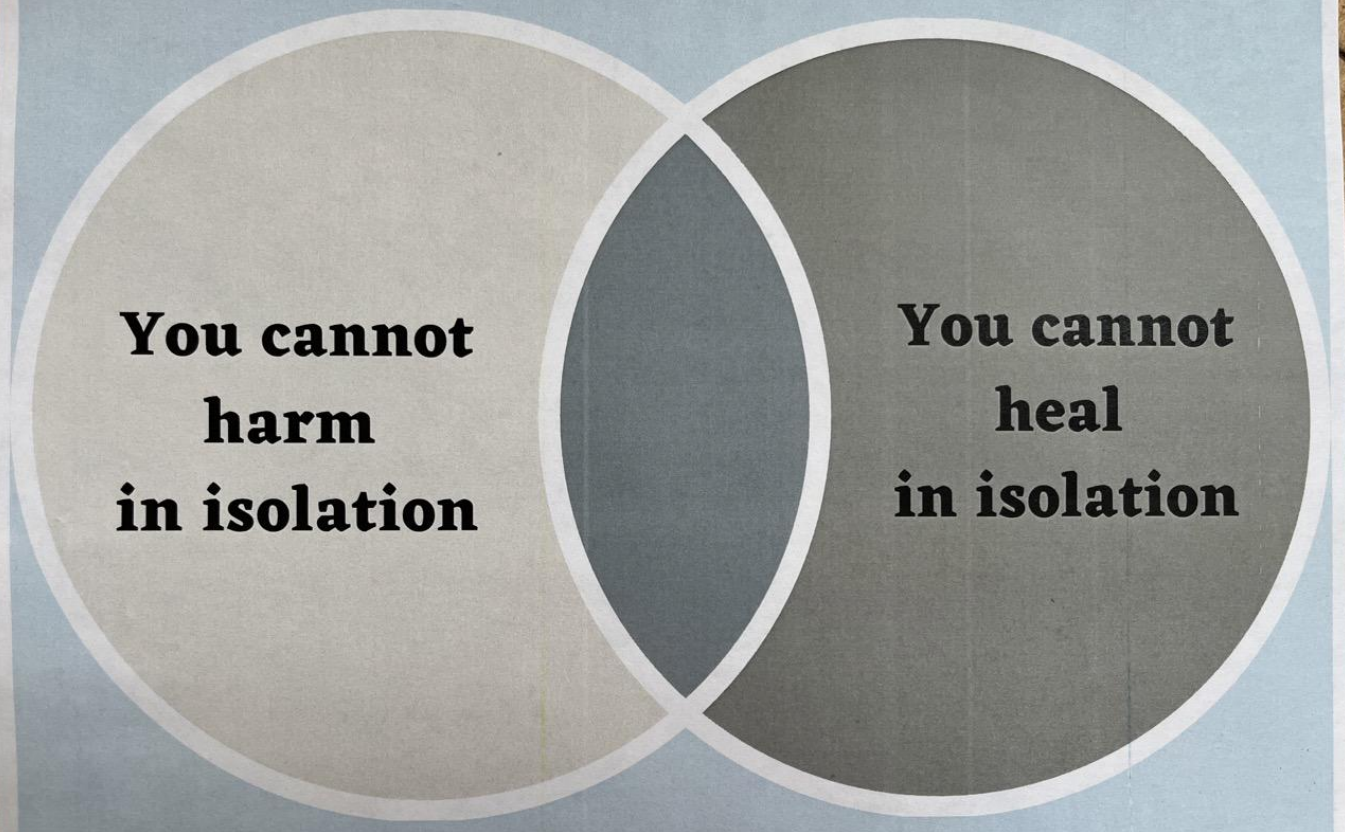
Fuck yeah,
self-care!

Fuck self-care.
We need
community care



**AFTER MY RAPE,
MY TRAUMA
CONSUMED ME.
IT WAS ALL I
THOUGHT
ABOUT**

**HAVING THE
TIME AND SPACE
FOR MY TRAUMA
TO CONSUME
ME AND TO
PROCESS IT WAS
A PRIVILEGE**



**You cannot
harm
in isolation**

**You cannot
heal
in isolation**

**I feel
inspired
by
survivors**

**Survivors are
PEOPLE, not
"inspirations"**

**They are not
here to inspire
me**

I crave healing.

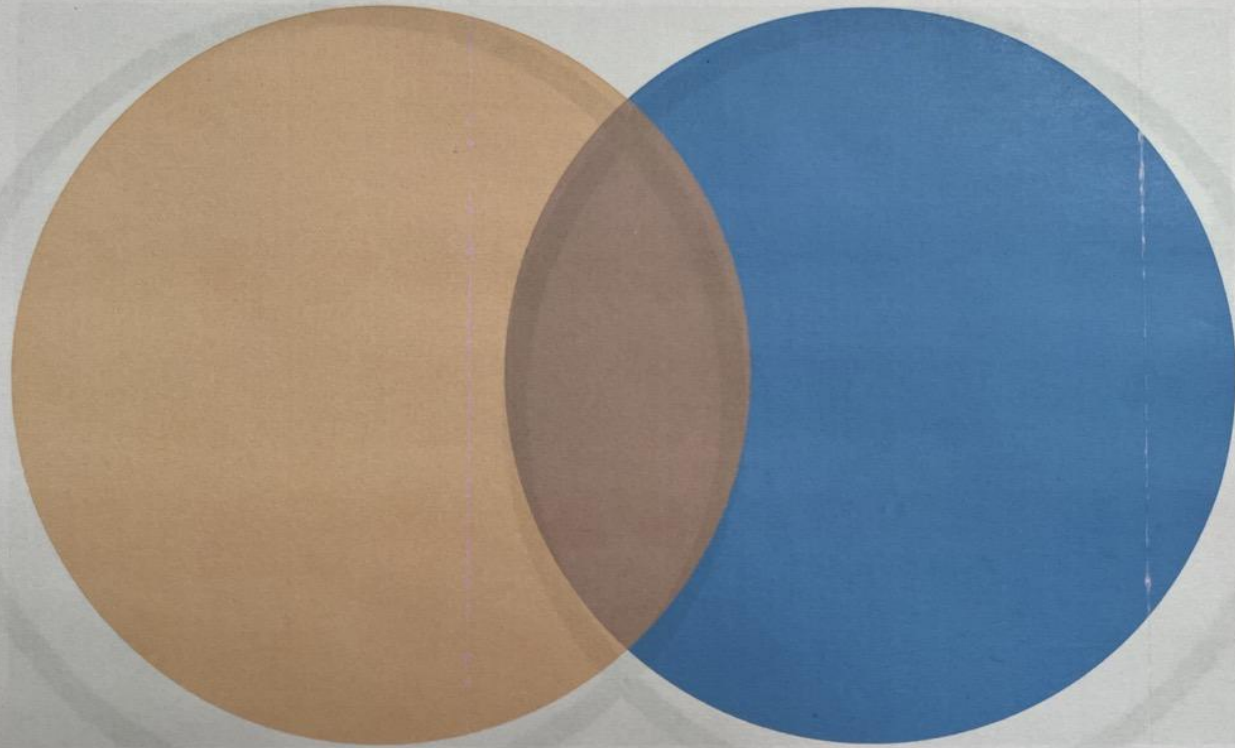
Narratives
around what
healing is
"supposed" to
look like are
exhausting.
They don't
leave room for
humanity.

I don't want
to be
"healed."
I want to be
whole.

I GET TO DEFINE MY
EXPERIENCE FOR MYSELF

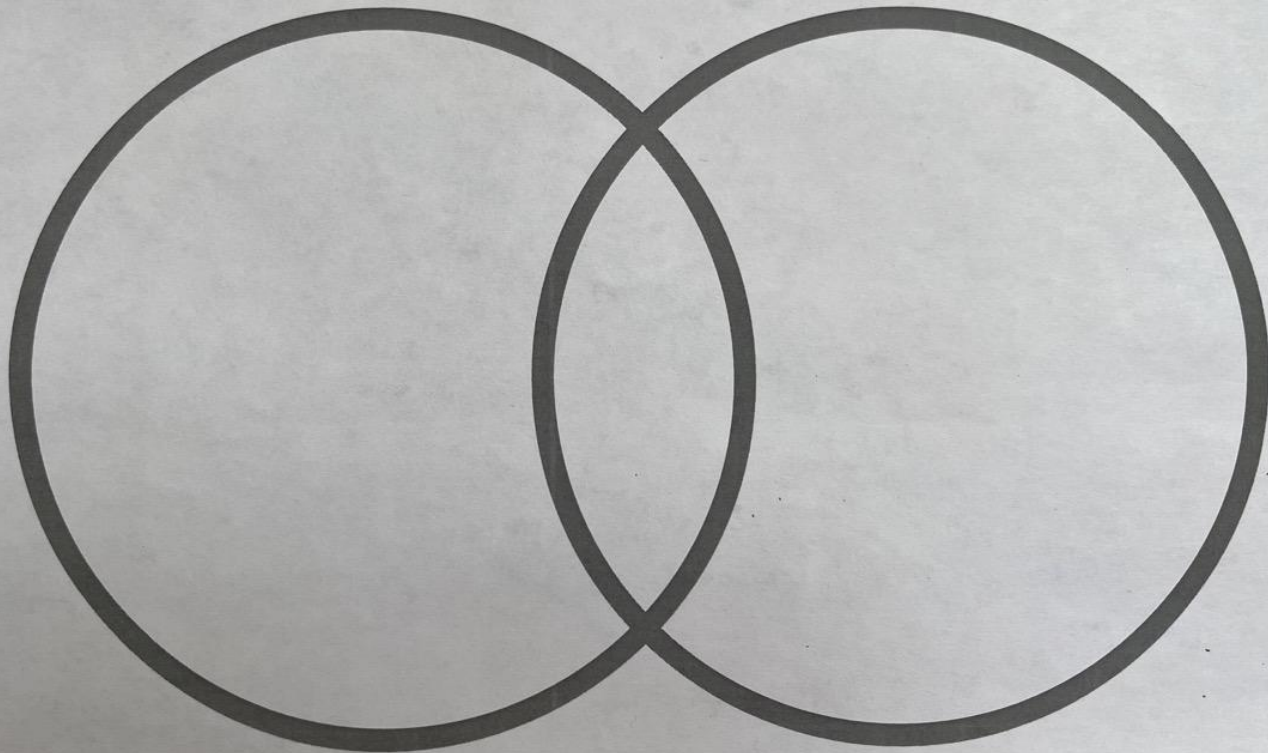
IT DOESN'T HURT
LIKE YOU TO

THERE ARE NO WORDS
FOR THIS



It still hurts

**It doesn't hurt
like it used to**



ALLYSHIP

I want to support survivors of sexual violence.

I fear that my support will cause further harm.

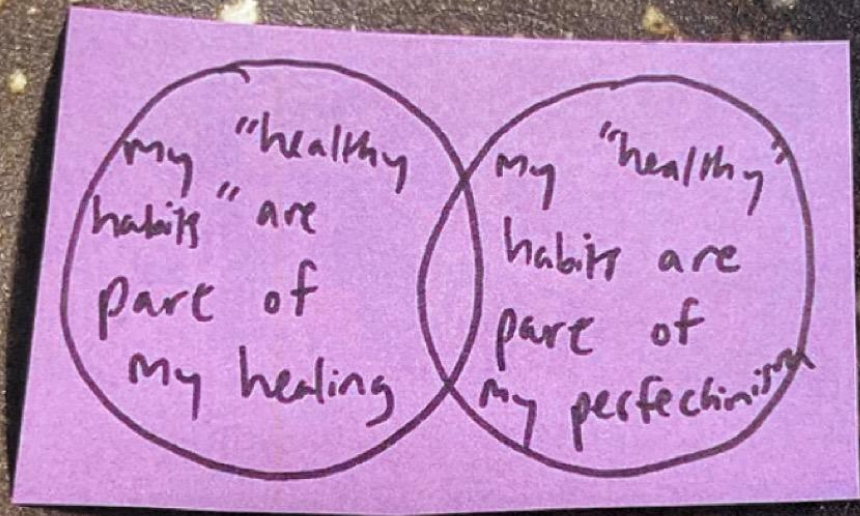
I have not individually experienced sexual violence.

Sexual violence affects the whole community.



My sister
is on a
journey to
healing

So am
I, but it
looks different



af

ASSAULT AFFECTS COMMUNITIES

assault
happens to
individuals

ASSAULT IS NOT AN ISOLATED INCIDENT

My option to
do this is a privilege
based on my identity

I
want to
live a
life un-centered
on my
trauma

I
want to
dedicate
my life to
helping surviv-
ors of sexual
assault

HEALING
is a
NON-LINEAR
JOURNEY

SUPPORTING
is a
NON-LINEAR
JOURNEY

parties
to begin
enjoying
life again

alcohol
as a
coping
mechanism

I KNOW
TALKING
ABOUT MY
ABUSE WILL

HELP
ME
HEAL.

I DON'T
WANT TO
TALK ABOUT
IT. I FEAR
BEING SEEN AS
WEAK.

infinite or eternal duration or success-
only contrasted with eternity. Time
ble duration.

See STANDARD TIME.

ipped for automatically recording
eparture, or for actuating release
doors, etc.

ved or honored from former times;
long existence. See synonyms un-
ONORED.

erable and indefinite length of
ne beyond legal memory, now

period of

merly, "

to the

of the

th

People aren't inherently
"good" or "bad"...

Consent is a
practice!

If consent
is a practice,
and I'm not
inherently good,
then I can
mess up.

I DON'T
REMEMBER
MY
RAPE

I AM
STILL A
SURVIVOR &
I AM ALWAYS
WORKING TO
BELIEVE
MYSELF

WE ARE
DISMANTLING +
ABOLISHING SYSTEMS
OF OPPRESSION



WE ARE BUILDING
SOMETHING DIFFERENT

THE
JUSTICE
SYSTEM
IS
BROKEN

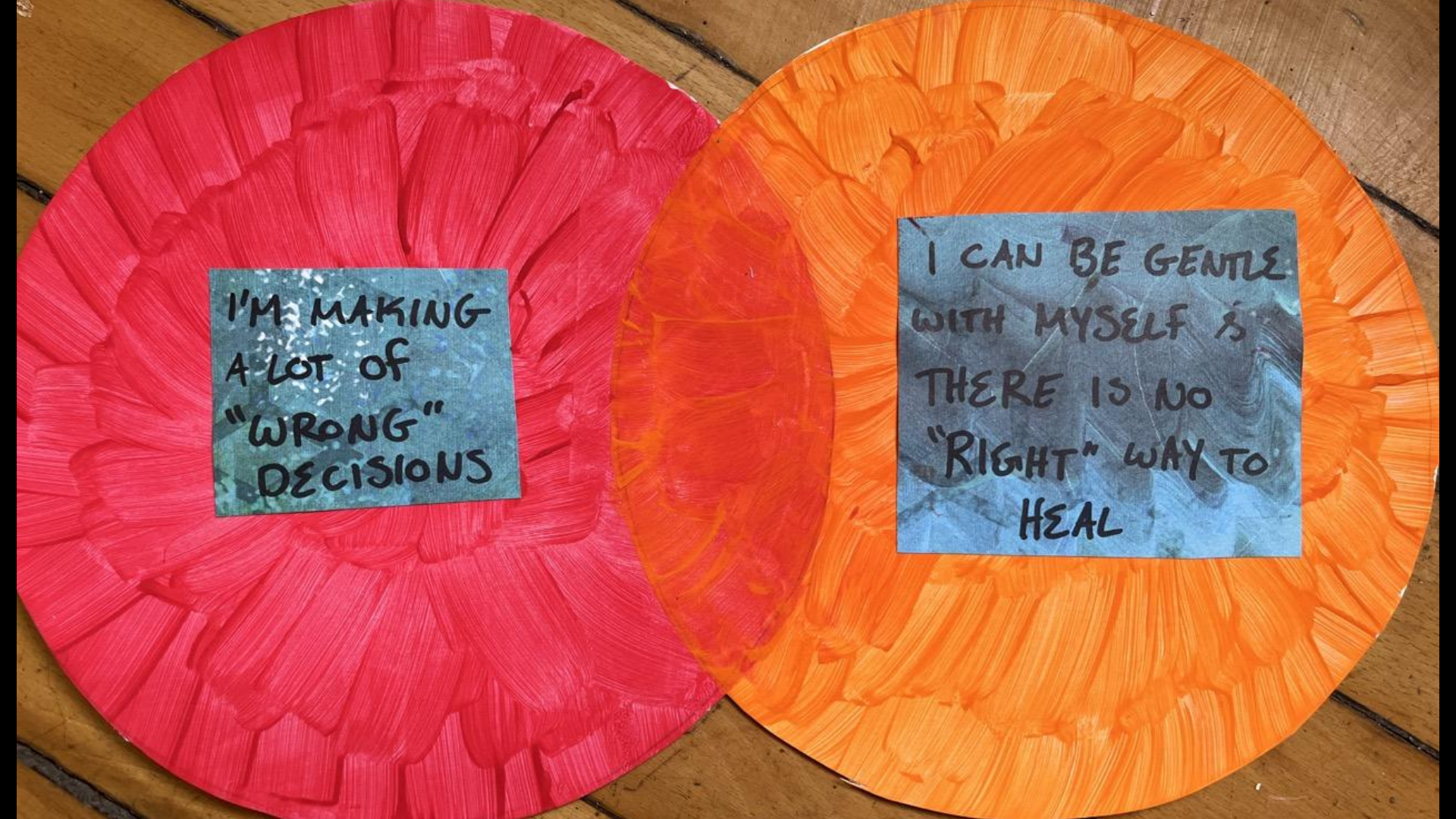
I CRAVE
JUSTICE &
VALIDATION
WITHIN
THE
SYSTEM

Self harm
will not
take away
the pain
of my
RAPE

Learning
to live with
PTSD will
not take away
the pain of my
RAPE

peak of
com
neasu
e zone
lock ed
and c
on vault
j. Obser
ion as of
also TIME-B
A consid
, in law, tir
ty years; the
to realty; for
runneth not
ommencement of
n 1 One who or
ne who declares the
tc., or records the l
road train starter.
Independent of, or
ps.] Untimely. 3 N
e, era, or epoch; wi
RNAL. —LY adv. —
, having a clock m
ent its being unloc

2
3
4
5



I'M MAKING
A LOT OF
"WRONG"
DECISIONS

I CAN BE GENTLE
WITH MYSELF &
THERE IS NO
"RIGHT" WAY TO
HEAL

Only perfect victims are legible under the system

I am not
perfect/legible,
so I can't
access resources
from the system

I am more
perfect/legible
(read: white)
than others,
to the system

*

* the system
can't meet
my needs
anyways

My (partial, incomplete)
illegibility means
that my experience won't
be used to prop up
such a system

DISSOCIATION

I AM
PROUD OF MY
BODY FOR PROTECTING
ME

I
FEEL
SO
DISCONNECTED
FROM MYSELF

EMBODIMENT
IS A
LIFELONG
PROCESS

FUCKING
A LOT OF
BOYS IS
A
COPING
MECHANISM

I DON'T
WANT TO
BE TOUCHED
AGAIN.
THAT IS ALSO
A COPING
MECHANISM

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I
LEARNED
A LOT FROM
MY RAPE

I
DIDN'T
NEED TO
BE RAPED
TO LEARN

EVERY SURVIVOR
NEEDS A
DIFFERERT
FORM OF
SUPPORT

SURVIVORS
DESERVE
ALL THE
SUPPORT
I CAN GIVE